

# Childbirth Education Classes

**To support you during the COVID-19 Pandemic, Ramsay Health Care Maternity Services is now offering virtual childbirth education classes.**

You and your support person will have the choice to meet with a Ramsay Registered Midwife and class participants from the safety of your home. Ramsay Health Care Maternity Services will operate virtual Childbirth classes via a secure platform. This means that your personal health information will remain private.

Virtual classes may be claimed through your private health insurance, please contact your hospital for service cost.

Class content includes:

- Pregnancy, Labour & Birth
- Parenting Session
- Variations of Labour & Birth
- Breastfeeding and more...

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**Ramsay**  
Health Care