## Introducing ...



# **Dr Chintanie De Silva** MBBS FRANZCP **Psychiatrist**

We are proud to announce that Dr Chintanie De Silva has commenced private practice, and is now accredited as a Consultant Psychiatrist - General Adult Psychiatry at Mitcham Private Hospital.

Dr De Silva is a locally trained psychiatrist, with over 10 years of practice in psychiatry, both in New Zealand and Australia with experience in peri natal psychiatry, early psychosis, trans-cultural issues and migrant mental health, personality disorders and old age psychiatry.

#### **Current Appointments**

- Consultant Psychiatrist Eastern Health and Barwon Health treating patients with wide range of complex and challenging psychiatric disorders.
- Senior Lecturer at Deakin Medical School

#### **Special interests**

- CBT / DBT / Supportive psychotherapy / ACT / family therapy approach for most of the psychiatric disorders with or without pharmacological interventions
- Depression / Anxiety /Psychosis / BPAD
- Offering support (psychological and pharmacological) for drug related issues

Dr De Silva wishes to develop a broad psychiatric practice at Mitcham Private Hospital, and will consult regularly onsite from March 2013, supporting both outpatient and inpatient psychiatric services. She welcomes all new referrals for patients who require a management plan and is keen to work with general practitioners to provide further reviews as needed and to provide expertise in bulk-billed 291 and 293 assessments.

As an accredited psychiatrist at Mitcham Private Hospital's private adult inpatient psychiatric unit Victoria Court, Dr De Silva will also accept inpatient and day program referrals for patients requiring care for:

Mood and Anxiety Disorders

Bipolar Disorders

- Complex Post-Traumatic Stress Disorders
- Personality Disorders
- Schizophrenia
- Stress

• Grief

General practitioners can also directly refer to admitting Victoria Court psychiatrists by contacting the Victoria Court Intake Coordinator who will liaise with the on-call psychiatrist on the need for admission.

#### Inpatient Referrals VICTORIA COURT MENTAL HEALTH UNIT Admissions/Enquiries - Intake Coordinator Ph: (03) 9210 3155 www.mitchamprivate.com.au

### Coutact Details All appointments: (03) 9210 3353

Mitcham Private Mental Health Consulting Suites 33 Doncaster East Road, MITCHAM, 3132 Fax: (03) 9872 5964

