

ezifind

Psychiatrists Consulting at Mitcham Private Hospital

33 Doncaster East Road, Mitcham VIC 3132
mitchamprivate.com.au

Consulting Suites
03 9210 3353

Consulting Suites Fax
03 9872 5964

Adult Mental Health Admission/Enquiries
 Ph: 03 9210 3155 – Fax: 03 9210 3225

Perinatal Mental Health Enquiries/Admission
 Ph: 03 9210 3383 – Fax: 03 9210 3166

24 hrs/7 days a week

Referral forms available online www.mitchamprivate.com.au

	General Adult Psychiatry	Aged Adult ADHD	Consultation Liaison Psychiatry Anxiety Disorders	Disociative Disorder	Family/Couple Therapy	GP Management Plans Item 291	Medico Legal Reports	Mood Disorders	Pain Management	Parent and Infant	Perinatal	Personality Disorders	Psychotherapy	Psychosis	Second Opinions	Trauma/PTSD	Workcover/TAC	Dementia	
Dr Chintanie De Silva ♀ (Si)	✓	✓	✓	✓	✓		✓		✓		✓	✓			✓		✓	✓	
Dr Ganesan Duraiswamy (T, K)	✓	✓	✓	✓	✓		✓		✓		✓	✓	✓	✓	✓	✓		✓	
Dr Naomi Elliot ♀	✓			✓	✓		✓		✓	✓	✓	✓		✓	✓	✓			
Dr Ruvanya Illesinghe ♀	✓			✓					✓		✓				✓		✓		
Dr Prakash Kamath (KO, Hi, K)	✓			✓	✓	✓	✓		✓			✓	✓	✓	✓	✓	✓	✓	
Dr Raju Lakshmana (Hi, K, Te)	✓				✓		✓				✓					✓			
Dr Hiranthi Perera ♀	✓			✓			✓		✓		✓	✓	✓	✓	✓		✓		
Dr Anupam Pokharel	✓		✓	✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	
Dr Arun Subramaniam (Mal, T)	✓		✓	✓	✓	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	
Dr Duncan Taylor	✓			✓			✓	✓	✓	✓			✓ Mild	✓	✓	✓	✓	✓	
Dr Krisztina Tibad ♀ (H,R)	✓		✓	✓					✓			✓	✓				✓	✓	
Dr Ajith Weeraman (Si)	✓			✓			✓		✓						✓		✓		
Dr Amit Zutshi	✓	✓		✓			✓		✓				✓	✓	✓	✓	✓	✓	

Languages spoken

- Si Sinhalese
- Ma Malayalam
- R Russian
- Mal Malay
- T Tamil
- H Hungarian
- R Romanian
- K Kannada
- Ko Konkani
- Hi Hindi
- Te Telugu
- Female ♀

Mental Health Services available at Mitcham Private Hospital



Adult Mental Health Unit

Victoria Court, a 21 bed acute adult mental health unit, specifically designed to treat patients with a range of mental health concerns including;

- Mood and Anxiety Disorders
- Psychosis
- Personality disorders
- Trauma/Post Traumatic Stress Disorders
- Dissociative Disorder
- Pain management

Group therapy

Our comprehensive group therapy program is a goal focused approach to wellness which enables the patient and the treating team to identify and streamline an individual care pathway that best suits the patient.

Common goals identified include;

- Anxiety Management
- Self-Awareness
- Communication skills
- Relationship Improvement
- Self efficiency

Community Outreach Program

Provides mental health treatment and therapeutic support to enable individuals to recover, develop coping strategies and maintain wellness. The program seeks to minimise the disruption that can occur in a person's day to day living by reducing the length and frequency of hospital stays and providing recovery focused community care and is only available to patients already accessing the in-patient service.

Perinatal Mental Health

Provides specialised care for mothers experiencing perinatal depression, anxiety and other related conditions. Mothers can be admitted with their babies up to the age of 12 months.

Having to deal with so many changes during pregnancy and the year following birth can place some women at risk of developing or having an exacerbation of an existing mental health condition including:

- Depression
- Mood and anxiety disorders
- Stress and Grief
- Bipolar Disorders
- Schizophrenia
- Post Traumatic Stress Disorders
- Medication Changes

Our service offers a comprehensive range of care including quick assessments (including telehealth option), consultation liaison and referral to outreach, day programs and Mother Baby unit.