



# Desperate for a good nights sleep?

Mitcham Private Sleep Centre

*Mitcham Private Hospital  
...big enough to meet your healthcare needs, small enough to care!*

Did you know that sleep disorders are a major public health problem & can have a huge impact on a person's overall health, safety & quality of life?

That's where a referral from your GP to the The Mitcham Private Sleep Centre can help. The Centre features a state of the art digital sleep laboratory, with comfortably equipped private overnight rooms & modern facilities. A team of accredited sleep physicians provide diagnostic & treatment services, including overnight sleep studies, for patients with sleep disorders, such as:

- obstructive & central sleep apnoea (snoring)
- periodic limb movements during sleep
- insomnia
- parasomnias (sleepwalking & night terrors)
- excessive daytime tiredness

[www.mitchamprivate.com.au](http://www.mitchamprivate.com.au)  
27 Doncaster East Rd, Mitcham 3132

People caring for people



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Mitcham Private  
Sleep Centre:

**03 9210 3146**

**MITCHAM**  
PRIVATE HOSPITAL